

2019-2020

Indoor Practice Schedule

North Amherst Rec Center - New Road at Millersport

time	SUN NARC	time	MON NARC	TUE NARC	WED NARC	time	FRI NARC	time	SAT NARC
NOV-DEC	see below**	6:00	11B Hensley 2008 Boys	10B Fisher 10G Spafford	10B Chandler 10G Marmion	6:00	9B Mentkowski 9B Garcia	8:00	
** 2pm	scrimmage 9/10 teams only	7:00	15G Rivera 13G Uppington	12B Dubin 11G Camardo	12G Scheeda OPEN	7:00	111G Belote 14G Paige	9:00	
** 3pm	9G Plezia OPEN	8:00	14B Perna/Manz 14B Jusczeak	14G Graser 16B Trevor	16B Anain 14G Cunliffe	8:00	REQUEST AVAILABLE ON ALTERNATE WEEKS 8-9pm 9-10pm	10:00	13B Lewis 18B Yana Motta
** 4pm	15B Malinowski 15B Aurilio	9:00	19B LaMastra	16B Trevor	17B Coniglio	9:00		11:00	HOUSE LEAGUE
								12:00	HOUSE LEAGUE

** Sunday NARC is late time Nov/Dec 4-5-6pm and early time start in Jan 2-3-4pm

Village Glen Tennis and Soccer 162 Mill Street

	SUN VG	closed dates are NARC 11/11 NARC AND VG 11/28-12/1 NARC AND VG 12/24-1/1 NARC 1/11 VG 1/11 NARC 1/20 NARC 2/17					SAT VG		
800	12B Dubin						2008/2009B	800	
900	10B Chandler						13G Uppington	900	
1000	17G Richards						6U	###	
1100	10G Spafford						6U	1100	
1200	10G Marmion						U8 House	###	
100	OPEN						U8 House	100	
200	OPEN	6:00	9B Garcia	9B Mentkowski	11B Hensley	10B Fisher	9G Plezia	U8 House	200
300	GK TRAINING						17B Coniglio	300	
400	12G Belote	7:00	13B Lewis	15G Paige	14B Perna/Manzella	14B Jusczeak	14G Cunliffe	16B Trevor	400
500	11G Camardo							17B Trevor	500
600	12G Scheeda	8:00	16B Anain	15B Aurilio	OPTIONAL SKILLS	15G Rivera/Wooly	15B Malinowski	TOPSOCCER	630
700	14G Graser							TOPSOCCER	730
800	OPEN	9:00	18B Yana Motta	OPEN	19B LaMastra	17G Richards	OPEN		830
900	OPEN								

EFFECTIVE DATE OF JANUARY 1

boys		NARC	VG	
9	2011	Garcia	fri	mon
9	2011	Mentkowski	fri	tue
10	2010	Fisher	tue	thu
10	2010	Chandler	wed	sun
11	2009	Hensley	mon	wed
12	2008	Dubin	tue	sun
12	2008	?	mon	sat
13	2007	Lewis	sat	mon
14	2006	Jusczeak	mon	thu
14	2006	Perna/Manzella	mon	wed
15	2005	Malinowski	sun	fri
15	2005	Aurilio	sun	tue
16	2004	Lawler, T	tue	sat
16	2004	Anain	wed	mon
17	2003	Lawler, T	tue	sat
17	2003	Coniglio	wed	sat
18	2002	Yana Motta	sat	mon
19	2001	LaMastra	mon	wed

girls		NARC	VG	
9	2011	Plezia	sun	fri
10	2010	Marmion	wed	sun
10	2010	Spafford	tue	sun
11	2009	Camardo	tue	sun
12	2008	Belote	fri	sun
12	2008	Scheeda	wed	sun
12	2007	Uppington	mon	sat
13	2006	Graser	tue	sun
14	2006	Cunliffe	wed	fri
14	2005	Paige	fri	tue
15	2005	Rivera/Wooly	mon	thu
17	2003	Richards	sun	thu
17		Girls skills		wed